

BAGUAZHANG BASICS

Debbie Leung, taught by Master Su Zifang. Master Su's teacher, Master Sha Guozheng, taught her Jiang style created by Jiang Rongqiao.

<u>Principle</u>	<u>in Mandarin</u>	<u>hand position name</u>
Straight	ding	shu
Empty	(k)hong	hen
Level	ping	yang
Lock	co	fu

Stances:

Co-bu

Bai-bu

Tang-ni-bu (Mud Walking Step) – circle walking

Hide Flower Under Leaf – to change directions when walking

8 hand positions